



ELM Medicine

Unit 4- 1521 Upper Ottawa Street
Hamilton, Ontario L8W 3J4

Phone: 905-318-3006
Fax: 833-268-3660
info.elmmedicine@gmail.com
www.elmmedicine.ca

**Specialist Clinic. Internal Medicine. Infectious Diseases. Hepatitis B & C. Chronic Pain.
Lifestyle Medicine Clinic. Stress Reduction Clinic**

Dr. Atreyi Mukherji. MD, MPH, FRCPC

CONSULTATION	SCOPE OF PRACTICE
<input type="checkbox"/> INTERNAL MEDICINE	Hypertension, Liver Disease, Anemia, Abnormal Findings (WBC or platelet count, renal function, electrolytes), Unintentional Weight Loss, Fatigue NYD, Urticaria or Pruritus-Medical Work-up & Diagnostic Dilemmas.
<input type="checkbox"/> OBESITY & DIABETES	Medical management of weight including with nutrition education, health coaching. Evidence based medications and surgery will be recommend as appropriate and based on patient preference.
<input type="checkbox"/> INFECTIOUS DISEASE	General, IV antibiotics start, Post-travel illness.
<input type="checkbox"/> HEPATITIS B & C	Investigation, treatment and long term follow up.
<input type="checkbox"/> CHRONIC PAIN FIBROMYALGIA	Wholistic approach - pharmacotherapy with lifestyle education & psychotherapy (develop coping skills). Weaning off narcotics and benzodiazepines are a high priority. Medical Cannabis
<input type="checkbox"/> STRESS REDUCTION CLINIC	Depression, Anxiety, PTSD, Chronic Pain, Coping with illness. Modalities: CBT, Living Life to the Full Course, Craving Change – Emotional Eating Course, Biofeedback, EMDR, MBSR- Mindfulness- Based Stress Reduction Program & Mindfulness-Based Self Compassion.
<input type="checkbox"/> LIFESTYLE MEDICINE CLINIC	Wholistic approach - nutrition, lifestyle education, supplements and integrative health counselling (support health behaviour change). We will defer the pharmacotherapy to another specialist if out of scope (e.g. MS, RA). Suitable for: IBS, GERD/Heartburn, Migraines, Chronic Fatigue.
<input type="checkbox"/> NUTRITION PROGRAMS	Anti-inflammatory Diet, Plant-based Diet, FODMAPs. Suitable for: Primary and secondary prevention & intervention for the following conditions: Weight Management, Diabetes, Heart Disease, Cholesterol /Dyslipidemia, Cancer, Arthritis.

PLEASE FAX ALL REFERRALS TO THE CENTRAL BOOKING LINE

Toll Free Fax Line: 1-833-268-3660

Phone: 905-318-3006

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What is the reason for referral:

Please attach a list of patient's medications, allergies, and all relevant medical documents.

PATIENT INFORMATION - PLEASE COMPLETE		
Last Name:	First Name:	<input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Ms.
Home Address:	City:	Postal Code:
Email Address:	Home Phone:	Mobile Phone:
Date of Birth:	OHIP Number:	

REFERRING PHYSICIAN - PLEASE COMPLETE	
Referring Physician (Print):	Backline Number:
Address:	Fax Number:
Physician Signature:	CC to Family Doctor (If Different):
Billing Number:	Family Doctor Phone:

Please Note: Our office will contact your patient with an appointment date and time.
Call or email us if you would like any information at any time. Contact us at 905-318-3006. All consult notes will be sent to your office via fax after each patient visit.

*Copies of this referral form can be downloaded at our website at www.elmmedicine.ca

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